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plantations as casuals, and a number of them did so intermittently, returning to the village to sleep.

The excess of boys over adolescent girls is explained by the fact that many of the girls were living with their prospective relatives-in-law in other villages, while the brides of the boys wearing the *upi* remained with their own people till after the *watawutʃ*.

One man has four wives, one has three, and five have two. One of these is a boy still wearing the *upi*, whose 'wives'—they are spoken of as such although the marriage rites have not been completed—do not yet live in the village, but pay short visits only.

Leaving out the 25 boys wearing the *upi*, and 4 men who sleep with them in the *tobăr*, there are 107 individuals (72 adults and 35 children) living in 27 huts. The majority of huts have 3 or 4 inhabitants. The largest number sleeping, habitually, in the same hut is 7, which happens in 3 cases. One hut has a solitary occupant, an old widow, whose children are all dead.

THE DAILY ROUND

The village day begins at sunrise, with a leisurely stroll, during which frequent halts are made to enjoy the morning sun. It is not often that we wake to rain; that comes generally later in the day. The women take a briefer stroll, return home, and begin to rake together the ashes of the fire, probably still hot from having smouldered through the night. Soon the native Mission teacher blows the conch-shell which is the signal for Mass, and those who feel so inclined make their way to the church. (The church is beside the road, hidden by trees from the village, hence it does not appear in the plan. The villagers had just finished its construction when I came to live among them.) On their return, the women uncover the ovens in which taro has meanwhile been roasting, or they may boil some instead, or, if there is any over from yesterday, it may be eaten cold, together with any bits of fish or other relish that may be available. The men come along presently, the children are called up, and every one eats, but not a large meal. If the village is by the sea, some families will take their meal on to the beach and eat it round a fire kindled there. Then the women collect the scraps and call the pigs, who come on hearing their names. All now sit about for awhile, gossiping and making arrangements for the day.

The women presently pick up their knives and packs (made of

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ing (Pl. 18*b*). Before a child who is *tsunaun* can do this, a ceremony must be performed (this is described on pp. 189–93), but nothing of the sort is needed in the case of a commoner. 854

The women do all sorts of hard work with their babies on their backs. I have seen them chopping wood with a child of apparently less than a year clinging pick-a-back fashion without being held. A mother who takes a very young child out on to the reef in the heat of the day, will generally keep its head carefully covered by her hood.

CHILDREN'S DIET

A child will be given taro, which has first been chewed to a pulp, on the very day of its birth. The quantity is soon increased. A woman will place a row of little heaps of this chewed pulp all along her thigh, as she sits on the ground, each of these forming a mouthful for the baby on her lap. Food thus prepared is called *mimi*, a word with which the baby soon becomes familiar, and one of the first he learns to say. Coco-nut, chewed in the same way, is added at an early age, but a child is not allowed to munch taro or coco-nut for itself until it can run about. 853 262

Until the child is about a year old he must not eat bananas, lest he should be afflicted with a disease of the chest called *bira*. A child that has yaws must not be given pig or fish, and must not take its food in any house except that of its parents. It must on no account eat in the presence of a woman who is pregnant, and it must not be given taro from a house in which a man and a woman have recently indulged in sexual intercourse. Since yaws is very contagious, some of these prohibitions have a practical bearing, but in the minds of the natives the harm that would follow the breaking of them is supposed to fall upon the child and not on the persons it must avoid. [753]

Babies of a few months old are given the husks of areca-nuts to suck. Children of five or six chew the nut itself freely, and also smoke both cigarettes and pipes. [276]

As soon as the household gets going in the morning, the children are given lumps of taro cooked the night before; these they usually eat cold. They chew coco-nuts at all times of the day, and drink the contents of the green nut when they are thirsty. They share the main meal of the day, usually taken at sundown, with the other members of the family. 262 272 264

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elsewhere, and that opportunities for eating the forbidden nuts with little danger of discovery are legion, I suspect that this rule is more honoured in theory than in practice, in spite of the urgent necessity of having a good growth of hair to show at the *watawutf*. But considerable stress was laid upon it in all our talks upon the subject, and its theoretical importance is also clear from the fact that fathers, and, less frequently, mothers of boys wearing the hat will voluntarily refrain from eating canarium almonds in sympathy with their sons. Sobak and his wife Tsonakets were doing so while I was in residence at Kurtatchi.

In the olden days the *upi* boys might never be seen in the act of eating, but had to take their food into the *tobar* and consume it in private. They were not allowed to handle knives, so it was the duty of their *amro* to cut up their food for them. This custom is no longer observed.

They may chew the betel-mixture, but must use with it only the leaves of the betel-pepper, not the fruit, which is preferred under ordinary circumstances.

III. *Regulations concerning personal appearance.*

The hair of the boys is never cut or trimmed from the time they go into the bush before the *wapi* ceremony until it is ceremonially cut short at the *wasipsip*. It is pushed up underneath the *upi*, except for a few straggling ends on neck and forehead.

The fathers of boys wearing the *upi* sometimes lay themselves under a similar prohibition as regards cutting their hair, which they tie up into a knot on the top of the head. This method of hair-dressing is seen in Plate 52. Mothers do not cut their hair over the temples, and do not put paint on it. This custom is not obligatory upon either sex, and is followed only by a few.

There are certain 'medicines' for making the hair grow long, of which the following is a typical example:

Take the long (tap) root of the plant *niyowan* (unidentified). Chew the end of it with the betel-mixture, spit out the resulting mash into your hand and put it inside the hat, pushing it well up to the top. It will pull up the hair and make it grow longer. The longer the root you chew, the longer your hair will be.

The boys may not wear red paint on their hair, or white paint on their temples, except as prescribed for the various ceremonies, when it is put on by their *amro*. In one case the *amro* of a boy

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tree, also known generally as 'bush banana', of which the native name is *wirtsun*; the liquid contained in this is not good for drinking. Its trunk is black, much thicker, and consists of a single stem only. Neither *oban* nor *wirtsun* produces edible fruit, except for parrots. The leaves of the former, but not the latter, are frequently used to cover cooking-pots in which taro, &c., is being boiled.

No fermented drink of any sort is manufactured, and fortunately the natives have no access to European intoxicants, traders and planters being forbidden by the Government to supply them with beer or whisky, on pain of heavy penalties. Their comments on the behaviour of drunken white folk are not flattering.

MEALS AND MANNERS

Two meals a day are generally prepared, one in the morning, before setting out for the day's activities, and one at dusk, after returning from the taro garden, the bush, or the fishing grounds. There is much impatience if food is not immediately forthcoming when wanted. *'Io to met a bios!'* is the exact equivalent of our 'I am dying of hunger!'

They begin their day at sunrise, but they do not immediately eat their meal. They will sit or stroll about in the sun, enjoying its warmth before it rises high enough to become uncomfortably hot. At their leisure the women prepare some taro, either by putting some on to boil or by uncovering the oven where it has been cooking slowly all night. Fish are often eaten cold, having been cooked the day before and put aside wrapped up in leaves, or they may be heated on the embers. A typical meal which I shared with them at this time of day consisted of boiled taro, a quantity of small shell-fish, boiled, the water in which these had been cooked, and two kinds of bananas, one boiled and the other roasted on hot stones.

After taking their time over this meal they disperse to their several devices, taking with them some cold taro in a coco-nut-leaf basket, to eat at intervals during the day or during rest intervals en route if they are going a journey. Any taro still remaining will be put into a similar basket and hung up in the rafters of the hut, where any member of the household can help himself whenever he feels inclined.

The second meal of the day is considered the principal one. The women set about preparing it as soon as they come back from

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the taro garden with their loads, or from the reef with their little baskets of shell-fish. They begin by fetching firewood from the bush; huge loads are carried on their backs by means of slings of banana fibre hung from both shoulders after the manner of a ruck-sack. The small girls must help in this work, each according to her carrying capacity; they must also bring water. The meal does not differ greatly from that taken in the morning, except that more is eaten. Its main dish is invariably taro, either boiled or roasted, sometimes supplemented by yams, sweet-potato, or green leaves, or bread-fruit when in season. For the much needed 'relish' there will be fish, or shell-fish, or perhaps opossum, if any have been caught during the day.

Meals may be taken either inside or outside the hut, but are most frequently eaten on the women's verandah. They are shared by all the occupants of the hut, without rule of precedence, men and women eating together, and are times of pleasant chat and laughter, especially when the family sits at leisure after their hunger has been satisfied and discusses what is to be done that day, or what has been done, if the day is over. A man and his two wives, who usually occupy adjacent huts, will often share their meal on the verandah of one of them, with the children of both in great evidence. The adolescent girls eat with their parents, and the smaller fry hover about, scrambling on and off the verandah, getting such portions of food as their elders hand over to them. But the family circle is not complete, for the boys wearing the *upi* may not join it. They come to the door at the men's side of the house to have their food handed out to them, then they must take it away and eat it on the verandah of their *tobar*, or where they please, so long as they avoid the proximity of the women. It will be remembered also that persons standing to each other in the relationship of *wagun*, *watʃitʃio*, and *suvan* may not eat in one another's presence (see Chap. II), and that if a woman eats in the presence of her daughter's husband she must do so behind her hood.

Utensils used in the preparation and consumption of food are simple and few. Nowadays an occasional enamel saucepan, and perhaps a cup and a plate or two, will be seen in the villages, brought in by some returned plantation labourer. But most families do their cooking with the aid of native pots, of which they will possess at least two or three of different sizes. For

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individual needs, half a coco-nut shell makes an excellent cup or bowl, leaves may be used as plates, and a shell (usually a species of cyrena, Pl. 38, no. 6) serves many of the purposes for which we use a spoon. These, with the women's knife made of black-lip oyster-shell and the large trade knives which are now universal, constitute the chief utensils employed in preparing and eating meals. Fingers and teeth are the aids to feeding most in evidence.

When ready to serve, the pot with its contents is placed on the verandah, or on the ground, where every one can reach to put his hand in and pick out a chunk of taro or a handful of tiny shell-fish. These people will put their hands into water that is only just off the boil, and take out a taro so hot that when they passed me my share I invariably dropped it, till I learned to wrap a leaf round my hand before accepting it. Similarly they will plunge a hand into a potful of shell-fish immediately it has been taken off the fire. Fish that has been cooked in leaves will be laid out on the verandah, still resting on its leaf-covering; if the fish are small each person will take one or more, according to the quantity available, if large, pieces will be torn off with the fingers. Sometimes a number of cooked taro or the portions of a disjointed opossum will be passed round in a coco-nut-leaf basket. If you have taken more than you want you pass the remainder of the taro or the half-picked bone to some one else, probably one of the children, with the remark '*Komanē a libul*', 'My belly is full'. I never saw any one put partly eaten food back into the pot. There are always plenty of dogs and pigs in attendance, who see to it that no fragments are left on the ground when the meal is over. The pigs are specially fed with the taro peelings and any other bits accruing from the preparation of the meal, being called up by name by the housewife for this purpose. The dogs fare more meagrely, being purposely kept on short rations in order that they may be fierce in hunting.

SMOKING

Smoking is universally indulged in, even by quite small children. Apart from the merest babies I do not remember meeting any one who did not smoke. It is a common sight to see a little girl of perhaps five or six strutting about with a pipe in her mouth, which may or may not be alight (Pl. 37*b*).

Tobacco is grown in small quantities and cured by being hung in bundles in the sun, but everybody much prefers the variety to

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fact that it has been castrated and that its ears and tail have been cut. It is always set at liberty. On one occasion a pig was caught which had not had its ears cut, although it had undergone castration. It was claimed by one of the men as his, a claim which no one questioned. A mark was cut in its ears and a piece of its tail was snipped off; it was then let loose again.

Pigs caught in such a drive are the joint property of all the men who took part in the hunt. After being cut up and cooked the meat is divided between them. On one occasion I wanted some pig-meat for my servant, and being uncertain who was entitled to be paid for it, was directed to offer the appropriate stick of tobacco to the *tsunaun*, which appeared to be satisfactory to every one concerned.

A pig killed in the bush is cooked and eaten the same day at the evening meal. But when wanted for a ceremony, the pigs are, if possible, brought back to the village alive, to be killed just before they are required. An enclosure of logs is put up on the outskirts of the village in which to keep such pigs, and they are fed on coco-nut meat and odd scraps by the women night and morning, like the domestic pigs. But they do not live long in this confinement.

On one occasion the Petats people were anxious to secure a number of pigs, but had hunted for two days in succession with very poor results. Three pigs had been caught, but one had died, and one had been set free as somebody's property, leaving only one rather small animal to show for their two days' arduous labour. So they decided to make 'net medicine' (*tahaun*). The nets were piled up beside the road which runs down the length of the island. A group of men gathered round one of the older men, who was squatting near the side of the road chewing the betel-mixture. None of the others was chewing at this time. After a while he took a stalk of cordyline, and tied all the leaves together in a bunch with a piece of grass. Some powdered lime lay beside him in a pandanus leaf. He took a pinch of this and put it among the cordyline leaves. Presently he spat the red saliva out of his mouth on to the leaves in four places, and laid the cordyline stalk upright against a tree. Then there was an interval of several minutes, during which everybody present smoked and talked. Then, without warning, the principal performer snatched up the bunch of cordyline, and turning very suddenly, whipped the pile of nets with it. He struck

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765 man's spirit is ashamed. In that case the *ta'un* plant is pulled up
775 and thrown away. But if it bends it is taken up and put on to a
824 man's shoulders. If it is a woman who has died her hood is put on the top of the plant, on the man's shoulders. It is felt by the man carrying it to be heavy. When he gets tired he calls out and another man takes it from him. Perhaps it will suddenly cease to be heavy. This means that the spirit has gone to relieve himself. Then the man carrying it stands still and waits till he feels it to be heavy again, then he calls out and they all go on again.

When they get back to the village they all go into their own houses and fasten the doors and remain silent. The man carrying the *ta'un* goes straight to the front of the dead person's house and enters it and plants the *ta'un* inside the house. Then the dead person's spirit stays inside the house.

765 From this time until the ceremony for the removal of the belts,
515 all the people of the village must refrain from washing themselves,
302 from cutting their hair, and from the use of red paint on their heads and bodies. This applies to children as well as to adults.

765 On the following day, all the men and women who wear the belts go and wash their legs in the sea. They take a tree with many branches and set it up on the shore, fixing it in the sand. Then the women go and search for shell-fish on the reef, wailing the wail for the dead the while. They must catch a large quantity of shell-fish. The men sit down on the beach, or they may, if they like, go and catch fish with nets.

When enough shell-fish have been collected they make a fire on the beach, and make it flare up. They call upon the *urar*, and say: '*Tamu sen en ia, so bai'i gag, ner wopots no in ta tamu.*' ('Here is your taro, eat it, then the children can drink, and will grow strong because of the taro.') Then some taro is put on the fire. They all take their lime-pots with lime in them, and walk round the fire holding them in their hands, then they tap on the lime-pots, take out some lime, and put it in their ears. The belts are now taken down from the branches of the tree and put on again. The shell-fish are put into baskets and the women take them back to the village and cook them. The women eat the shell-fish at the back [264] verandah. If the men have caught any fish they cook it for themselves at the front verandah. If they have plenty they send some to the women, if they have none the women send them some shell-fish.